**Goal Setting Worksheet**

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**CO-OP WORK TERM ACTION PLAN**

1. **Work Term Goal End Point**

In my future co-op I would like to work as cross platform Developer or Mobile application developer in my favorite companies like **Google**, **Konstant Infosolutions**, **Fueled.** I would like to support my team as a backend developer with development skills.

**2. Goals & Objectives**

1. **Goals: -**As per my aim want to develop website of play way school by end of this term Oct 31st 2018.

**Objectives:** -

* 1. Want to design flowchart about the school’s different processes in the first week of Oct 2018.
  2. In very next 2 weeks want to complete website development.
  3. Target to launch website in last 4th week of Oct 2018.

1. **Goals: -**To improvise my CGPA by the end of this semester.

**Objectives:** -

* 1. If the CGPA is not above 2.8, give improvement exam for the course with more credits.
  2. If the CGPA is not above 2.8, give improvement exam for the course with more credits.
  3. Get at least ‘A’ grade in every course by the end of 18th December 2018.

1. **Goals: -**After completion of my first goal next will move to develop mobile app in different platform until Feb 2019.

**Objectives:** -

* 1. For mobile app development my first subtask will be to complete design of app for mobile.
  2. Next until Dec 31st 2018 want to complete my first IOS app.
  3. After completion will move to finish my android app.

1. **Goals: -**  to get internship by last of Aug 2019.
   1. By applying through off and off campus opportunities.
   2. Will grow relation professional circle to get co-op.
   3. Will attend different job fairs.

**3. Strategic Planning – visual timeline**

Lambton College

entrance

improvise my CGPA

mobile app

development in different platform

get internship

develop website of play way school

Oct 2018 Dec 2018

Co-op in above said companies

till Aug 2019

Establish timelines, ***assign specific dates and responsibilities to EACH goal and EACH objective on the chart/timeline*** leading you to achieving your ultimate career goal.

**4. Implementation/Follow up**

Present this completed document to someone who will be an accountability partner with you help you evaluate and attain your goals.

On your finished document you will, ***determine what this accountability structure will look like and establish a timeline for the accountability follow ups*** (ie. Once a week, once a month, etc)

***Have your accountability partner sign the bottom*** of that page indicating that he/she agrees to partner with you in helping you attain your future goals.

**EXAMPLE:**

End Goal: Decrease blood pressure to normal range (120 over 80), lose 10lb of fat and gain 15lb of muscle by Dec 31st 2018

S.M.A.R.T. GOAL: To gain 15lbs of muscle (#gainz) by December 1st, 2018

S.M.A.R.T Objectives:

a) Research at least 3 gym memberships and compare price, location and classes then sign up by March 1st, 2018

b) Create a new workout program (workout 3x a week) once a month for the next ten months until Nov 1st, 2018

c) Grocery shop once a week to create meal prep (3meals a day for 5days/week) for next ten months until Nov 1, 2018

every course by the end of 18th December 2018.